

State-of-the-Science in the Prevention and Management of Osteoarthritis

Thursday, July 14th & Friday, July 15th, 2011

Richard Menschel Conference Center

Hospital for Special Surgery

535 East 70th Street, 2nd Floor

New York, New York

Agenda

Day 1: July 14th, 2011

11:00 – 1:00 **Orientation Meeting & Lunch[Planning Committee only]**

1:00 – 1:20pm **Welcome and Introductions**

Laura Robbins, DSW, Hospital for Special Surgery
Stephanie Goldberg, MSN, NEA-BC, Hospital for Special Surgery
Shawn Kennedy, MA, RN, *American Journal of Nursing*
Marjorie G. Kulesa, BS, RN, ONC, CNOR, National Association of
Orthopaedic Nurses; Winthrop University Hospital

1:20 – 1:35pm **Introduction: Charge to Working Group**

Facilitator: Diana J. Mason, PhD, RN, FAAN

Center for Health Media and Policy

Hunter College, CUNY

1:35 – 2:00pm **Consumer Perspective: Living with OA**

Kathy Geller

2:00 – 2:15pm *Reaction/comments from group*

2:15 – 2:45pm **State-of-the-Science: What Do We Know about OA?**

*Factors related to onset and progression of osteoarthritis; comorbid conditions;
socioeconomic impact, trends; demographic, cultural and health care system issues*

Louise Murphy, PhD

Centers for Disease Control and Prevention

2:45- 3:00pm *Q&A: What do we not know about Osteoarthritis?*

3:00-3:15pm **Break**

3:15 – 3:35pm **OA National Initiatives**

Patience H. White, MD, MA

Arthritis Foundation

3:35-3:50pm *Question: What is not being addressed in the current initiatives that need to be*

included?

- 3:50-4:20pm** **State of the Science: Assessing for Risk and Progression of OA**
What do we know about how people with OA are screened and diagnosed for OA?
Mary Carol Antonelli, RN, CRNP
Arthritis and Internal Medicine Associates
University of Pittsburgh Medical Center, Pittsburgh, PA
- An Evidence-Based Tool: The OA Risk Self-Assessment Tool**
Patience H. White, MD, MA
Arthritis Foundation
- 4:20-4:35pm** **Q&A**
- 4:35- 6:25pm** **Group Work I: *What are the barriers to early assessment and treatment for people with OA and what strategies might overcome them?***
- 4:35- 4:45pm Explain process
4:45 - 5:00pm Small group work – identify barriers
5:00 – 5:20pm Prioritize barriers (group chooses top 3 to address)
5:20 – 5:45pm Small groups identify strategies to overcome barriers
5:45 – 6:05pm Small groups report out to group as a whole
6:05 – 6:25pm Review and choose top priorities to address
- 6:25 – 6:40pm** **Summary of the Day**
- 6:45 – 7:45pm** **Networking Reception/Bufferet**

Day 2: July 15th, 2011

- 8:30 – 9:00am** **Breakfast**
- 9:00 – 9:15am** **Welcome Back: Re Cap Day1; Charge for Day 2**
Moderator: Diana J. Mason, PhD, RN, FAAN
- 9:15 – 10:15am** **State of the Science: What Do We Know about Interventions to Relieve Symptoms and Minimize Disease Progression and Disability?**
- 9:15-9:30am** *What do we know about rehabilitation interventions to relieve symptoms and disability associated with OA?*
Maura Daly Iversen, PT, DPT, SD, MPH
Northeastern University, Boston, MA

- 9:30-10:00am** *What do we know about pharmacologic management to relieve symptoms and disability associated with OA?*
M. Cary Reid, MD, PhD
NewYork-Presbyterian Hospital
- 10:00-10:15am** *What do we know about alternative management modalities to relieve symptoms and disability associated with OA?*
Judith Fouladbakhsh PhD, APRN, AHN-BC, CHTP
Wayne State University, Rochester Hills, MI
- 10:15-10:30am** *Q&A*
- 10:30-10:45am** **Successful Strategies to Promote Self Management of OA**
Teresa J. Brady, PhD
Centers for Disease Control and Prevention
- 10:45-10:55am** *Reaction/Q&A*
- 10:55-11:10am** **Break**
- 11:10 – 11:40am** **PANEL: Issues and Strategies for Nurses Caring for Adults with OA**
What are the issues for nurses working with patients with OA in various settings? What knowledge and skills do nurses need; what are the factors influencing the ability of nurses to educate and support adults with osteoarthritis; what tools are they using?
Panel members present for 10 min describing their work setting, identifying issues and strategies, followed by discussion.
- Miki Patterson, PhD, NP, ONP-C, NP**
Pediatric/Adolescent Nurse Practitioner
University of Massachusetts Memorial Orthopaedics, Lowell, MA
- Doris Gould, RNc, ANP-BC, GNP-BC**
Adult Orthopaedic Nurse Practitioner
Fallon Clinic, Worcester, MA
- Charla Johnson, RN, MSN, ONC**
Program Coordinator Orthopaedic Service Line
Our Lady of the Lake Regional Medical Center, Baton Rouge, LA
- 11:40am-12:00pm** *Discussion/Q&A*
- 12:00 - 12:45pm** **Box Lunch**
- 12:45 – 3:00pm** **Group Work II: *Identify the barriers in practice, education and policy that prevent implementing best practices for caring for people with OA.***

12:45-1:00pm	Small groups identify barriers in three arenas
1:00 – 1:20pm	Prioritize top 3 barriers in each
1:20 – 2:00pm	Identify strategies to overcome the barriers
2:00 – 2:25pm	Groups report to group as whole
2:25-2:45 pm	Break/All choose top three
2:45 -3:10pm	Discussion
3:10 – 4:15pm	Group Work III: <i>What are the priorities for future research related to nurses's roles in the prevention and management of osteoarthritis across diverse populations?</i>
3:10 -3:30pm	Small groups identify research priorities
3:30- 3:45pm	Groups choose top 3 research needs
3:45-4:15pm	Groups report
4:15 -4:30pm	Summary and Next Steps Further refinement and achieving consensus Dissemination plans
4:30pm	Adjourn

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Invited Speakers

Mary Carol Antonelli, RN, CRNP

Nurse Practitioner
Arthritis and Internal Medicine Associates
University of Pittsburgh Medical Center, Pittsburgh, PA

Teresas J. Brady, PhD, OT

Senior Behavioral Scientist, Arthritis Program
Centers for Disease Control and Prevention, Atlanta, GA

Maura Daly Iversen, PT, DPT, SD, MPH

Professor and Chair, Department of Physical Therapy
Northeastern University, Boston, MA
Assistant Professor of Medicine
Harvard Medical School, Boston, MA

Judith M. Fouladbakhsh, PhD, APRN, AHN-BC, CHTP

Assistant Professor
College of Nursing, Wayne State University, Rochester Hills, MI

Louise Murphy, PhD

Epidemiologist
Centers for Disease Control and Prevention, Atlanta, GA

M. Cary Reid, MD, PhD

Associate Attending Physician
New York-Presbyterian Hospital
Associate Professor of Medicine
Weill Cornell Medical College, New York, NY

Patience H. White, MD, MA

Vice President, Public Health
Arthritis Foundation
Professor of Medicine and Pediatrics
George Washington University School of Medicine and Health Sciences, Washington, DC

Panelists

Doris Gould, RNc, ANP-BC, GNP-BC

Adult Orthopedic Nurse Practitioner
Fallon Clinic, Worcester, MA

Charla B. Johnson, RN, MSN, ONC

Director, Care Management
Our Lady of the Lake Regional Medical Center, Baton Rouge, LA

Miki Patterson, PhD, NP, ONP-C, NP

Assistant Professor of Nursing
University of Massachusetts Lowell, Lowell, MA

Moderator

Diana J. Mason, PhD, RN, FAAN

Rudin Professor of Nursing and Co-Director
Center for Health Media & Policy, Hunter College, CUNY, New York, NY

Participants

Anita Bemis-Dougherty, PT, DPT, MAS

Associate Director, Department of Practice
American Physical Therapy Association

Carla Boutin-Foster, MD

Associate Attending Physician
New York-Presbyterian Hospital
Associate Professor of Medicine and Public Health
Weill Cornell Medical College, New York, NY

Verona Brewton

Director of Minority Initiatives
Zimmer, Inc.

Leigh F. Callahan, PhD

Professor of Medicine and Social Medicine
University of North Carolina, Chapel Hill, NC

Marie Callari, RN, BSN, ONC

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Winthrop University Hospital, Mineola, NY

Jack Davis, RN, MSN, ONC

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Hospital for Special Surgery, New York, NY

Sharon Jaycox Diatz

Regional Vice President, Programs, Northeast Region
Arthritis Foundation, New York, NY

Lucia M. Fabrizio, RN, MSN, CPNP

Pediatric Nurse Practitioner
Hospital for Special Surgery

Stephanie Goldberg, MSN, NEA-BC

Senior Vice President Patient Care Services
Chief Nursing Officer
Hospital for Special Surgery, New York, NY

Marc C. Hochberg, MD, MPH

Professor of Medicine
University of Maryland School of Medicine, Baltimore, MD
Head, Division of Rheumatology & Clinical Immunology
University of Maryland School of Medicine, Baltimore, MD

Patrice A. Hood, DNP, ANP-BC, FNP- BC

Director for Membership
American College of Nurse Practitioners
Assistant Professor
New York Institute of Technology, New York, NY

Nadine T. James, PhD, RN, MSN

President
Association of Rheumatology Health Professionals

Penny Kaye Jensen, DNP, APRN, FNP-C, FAANP

President
American Academy of Nurse Practitioners
Assistant Professor (Clinical)
University of Utah College of Nursing, Salt Lake City, UT

Doreen Johnson, MSN, RN, ONC

Nurse Educator
Hospital for Special Surgery, New York, NY

Jeffrey L. Kraines, MD

Vice President, Genzyme Corporation
Global Medical Affairs, Genzyme Biosurgery, Cambridge, MA

Carol A. Oatis, PhD, PT

Professor of Physical Therapy
Arcadia University, Glenside, PA

Christy E. Oakes, MSN, RN, ONC

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National Association of Orthopaedic Nurses
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U.S. Administration on Aging for Regions I, II and III

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Victoria Ruffing, RN, CCNP

President
Rheumatology Nurses Society
Program Director
Johns Hopkins Arthritis Center

Mary Jo Satusky, BSN, RN, ONC, CCRC

President
National Association of Orthopaedic Nurses

Ann M. Schreier, PhD, RN

President
American Society for Pain Management Nursing
Associate Professor and Director, Alternate Entry MSN Concentration
East Carolina University School of Nursing, Greenville, North Carolina

Kimberly J. Templeton, MD

Professor of Orthopaedic Surgery and Health Policy and Management
University of Kansas, Kansas City, KS
President
United States Bone and Joint Initiative

Barbara Wukovits, RN, BSN BC

Director of Pain Management Service, Department of Anesthesiology
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Consumer Perspective

Kathy Geller

Arthritis Foundation Exercise Trainer

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Joy Jacobson, MFA

Medical Writer and Editor

Activity Directors

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