New Patient Questionnaire – KNEE

Adult Reconstruction & Joint Replacement

HOSPITAL FOR SPECIAL SURGERY

Name:		DOB:	Date:
Height:	Weight:	Age:	

Chief Complaint

Laterality	Left	Right	Both

Please describe your symptoms: (Mark all that apply)

Throbbing pain	Radiating pain	Dull pain	Sharp pain
Catching/Locking	Swelling	Stiffness	Instability
Other:			

Where is the pain located in your knee? (Mark all that apply)

Front	Back	Inside	Outside	Other:

Current Pain Level (no pain 0 – 10 highest)

While Walking

0	1	2	3	4	5	6	7	8	9	10

While negotiating stairs

0	1	2	3	4	5	6	7	8	9	10

At rest (sitting, lying down, sleeping)

0	1	2	3	4	5	6	7	8	9	10

When did this condition start? ____________________

How did it start?____________________

What makes the pain better? ____________________

What makes the pain worse? ____________________

Have you EVER tried any prior conservative treatment?	Yes	No	How long?	Did it help?
Acupuncture or holistic remedies				
Arthroscopic surgery				
Brace / Cane / Crutches / Walker				
Cortisone injections				
Dietary supplements				
Viscosupplementation (Gel injections)				
NSAIDS *(eg: Ibuprofen, Aspirin, Naproxen, Celebrex, Voltaren)*				
Narcotics				
Physical therapy				
Weight loss				
Exercise program				
Activity modification / Lifestyle change				

Functional Assessment

What distance are you able to walk?

Unlimited	10-20 blocks	5-10 blocks	< 5 block	House bound	Unable

How do you climb **UP** stairs?

Normally	With handrail for balance	With handrail to pull myself up	Unable

How do you climb **DOWN** stairs?

Normally	With handrail for balance	With handrail to support myself	Unable

What type of support do you use for walking?

None	Cane(s)	Crutch(es)	Walker

How do you get out of a chair?

Normally	Arm rest for balance	Arm rest to push myself	Unable

Are you able to use public transportation?

Yes	No

Do you find this situation to be:

Acceptable	Unacceptable

KOOS, JR. Knee Survey

Instructions: This survey asks for you view about your knee. This information will help us keep track of how you feel about your knee and how well you are able to do your usual activities.

Answer every question by ticking the appropriate box, only one box for each question. If you are unsure about how to answer a question, please give the best answer you can.

Which Knee:

Left	Right	Both

Stiffness: Amount of joint stiffness you have experienced the last week in your knee. Stiffness is a sensation of restriction or slowness in the ease with which you move your knee joint.

1. How severe is your knee stiffness after first wakening in the morning?

None	Mild	Moderate	Severe	Extreme

Pain: What amount of knee pain have you experienced the last week during the following activities?

2. Twisting/pivoting on your knee:

None	Mild	Moderate	Severe	Extreme

3. Straightening knee fully:

None	Mild	Moderate	Severe	Extreme

4. Going up or down stairs:

None	Mild	Moderate	Severe	Extreme

5. Standing upright:

None	Mild	Moderate	Severe	Extreme

Function, daily living: The following questions concern your physical function. By this we mean your ability to move around and to look after yourself. For each of the following activities, please indicate the degree of difficulty you have experience in the last week due to your knee.

6. Rising from sitting:

None	Mild	Moderate	Severe	Extreme

7. Bending to floor/pick up an object:

None	Mild	Moderate	Severe	Extreme

Medications: *Please list the medications that you CURRENTLY take*

Medication	Route (oral, injection, etc.)	Dose	Frequency
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

Allergies: *Please include any known allergies*

Allergy	Reaction
1.	
2.	
3.	
4.	
5.	

Are you allergic to iodine? Yes No

Are you allergic to latex? Yes No

Are you to metal, jewelry, or nickel? Yes No

Medical History

Please select any past or current medical conditions below:			
Anxiety	Depression	Kidney disorder	Pulmonary embolus
Arrhythmia (Irregular heartbeat)	Diabetes	Low acting thyroid	Reflux
Asthma	Heart attack	Open wounds/Ulcers	Rheumatoid arthritis
Bleeding problems	Heart failure (CHF)	Osteoarthritis	Seizures
Blood clots (DVT-PE)	High blood pressure	Osteoporosis	Stomach ulcers
Cancer	High cholesterol	Peripheral vascular disease	Stroke
Coronary artery disease	Infection	Pneumonia	Other:

Surgical and Hospitalization History

Previous operation/Hospitalization	Occurrence date (approx.)
1.	
2.	
3.	
4.	
5.	

Have you ever had a problem with anesthesia? Yes No Problem: ____________________

Have you ever had complications from prior surgery? Yes No Problem: ____________________

Family History

What medical problems run in your direct family?

Family member	Problem	Alive/Deceased
Father		
Mother		
Brother		
Sister		
Grandfather		
Grandmother		

Social History

Are you a tobacco user? Yes No

If yes, what? ________________________ How much?________________________

Do you consume alcohol? Yes No

If yes, what kind? ____________________ Drinks per week?____________________

Recreational drug use? Yes No

If yes, what drug? ____________________ How much and how often? _______________________

List any recreational activities / sports that you enjoy:____

What do you do for a living?____

With whom do you live? ____

Screening Questions (Coordination of Care)

Are you currently on any blood thinners? Yes No

Have you ever had a MRSA Infection? Yes No

Do you have any of the following medical devices? (Mark all that apply)

Pain Pump	Neurostimulator	Pacemaker and/or Defibrillator	Shunt for hydrocephalus

Do you have diabetes? Yes No

If yes, do you have an insulin pump? Yes No

Have you been taking opioids for 6 months or more (e.g. codeine, percocet, morphine, Vicodin, etc.)? Yes No

Immunizations and Falls Screening

Have you received the pneumonia vaccine? Yes No

If yes, date?___________________ If not, why?________________________

In the past year, did you received the Influenza (flu) vaccine between October 1st and March 31st? Yes No

If yes, date?________________________

Have you fallen 2 or more times within the past year, or fallen with injury in the past year? Yes No

If yes, do you have vision problems that may have contributed to your fall? Yes No

Review of Systems

Are you currently having, or have you had any of these problems in the past year? (Select all that apply):

Constitutional	Hematologic	Respiratory	Skin
Chills	Easy bruising/bleeding	Increased sputum	Sores/ulcers
Fever	Blood clots in legs	Cough	Itching
Sleep difficulty	Blood clots in lungs	Difficulty breathing	Dryness
Fatigue		Wheezing	Hives
Night sweats		Excessive snoring	Rash
Weight Change			Mole changes
None	None	None	None

ENT	Cardiovascular	Endocrine	Musculoskeletal
Double vision	Chest pain	Cold intolerance	Joint pain
Headaches	Leg swelling	Heat intolerance	Arthritis
Hearing loss	Palpitations	Excessive thirst	Muscle pain
Cataracts	Poor circulation	Excessive hunger	Joint swelling
Glaucoma	Cold hands		Muscle cramps
Dry eyes	Cold feet		Muscle weakness
Sinus problem			Joint stiffness
None	None	None	None

Gastrointestinal	Genitourinary	Neurological	Psychiatric
Abdominal pain	Bladder incontinence	Seizures	Depression
Trouble swallowing	Blood in urine	Dizziness	Anxiety
Heartburn	Urinary difficulty	Weakness	Mood swings
Nausea	Painful urination	Loss of balance	Memory problems
Vomiting	Urinary retention	Numbness	Nervousness
Constipation	Urinary urgency	Paralysis	Insomnia
None	None	None	None

Eyes	Environmental Allergies	Mouth
Dryness	Pollen	Bad breath
Discharge	Dust Mites	Bleeding gums
Double Vision	Pets/Animals	Sores – ulcers
Pain	Mold/Mildew	Dental problem
Redness	Metal	Loss of taste
None	None	None

VR-12 Health Survey

Instructions: This questionnaire asks for your views about your health. Answer every question by marking the answer as indicated. If you are unsure how to answer a question, please give the best answer you can.

1. In general, would you say your health is:

Excellent	Very Good	Good	Fair	Poor

2. Does your health now limit:

   a. Moderate activities such as moving a table, pushing a vacuum, bowling or playing golf?

Yes, limited a lot	Yes, limited a little	No, not limited at all

   b. Climbing several flights of stairs?

Yes, limited a lot	Yes, limited a little	No, not limited at all

3. During the past 4 weeks, has your physical health resulted in:

   a. Accomplishing less than you would like?

None of the time	A little of the time	Some of the time	Most of the time	All of the time

   b. Being limited in the **kind** of work or other activities you have attempted?

None of the time	A little of the time	Some of the time	Most of the time	All of the time

4. During the past 4 weeks, **as a result of any emotional problems** (such as feeling depressed or anxious):

   a. Have you **accomplished less** than you would like?

None of the time	A little of the time	Some of the time	Most of the time	All of the time

   b. Have you not completed work or other activities as **carefully** as usual?

None of the time	A little of the time	Some of the time	Most of the time	All of the time

5. During the past 4 weeks, how much did **pain** interfere with your normal work (including both work outside the home and house work)?

Not at all	A little bit	Moderately	Quite a bit	Extremely

6. During the past 4 weeks, have you felt calm and peaceful?

All of the time	Most of the time	Good bit of the time	Some of the time	Little of the time	None of the time

7. During the past 4 weeks, did you have a lot of energy?

All of the time	Most of the time	Good bit of the time	Some of the time	Little of the time	None of the time

8. During the past 4 weeks, have you felt downhearted and blue?

All of the time	Most of the time	Good bit of the time	Some of the time	Little of the time	None of the time

9. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (such as visiting friends, relatives, etc…)?

None of the time	A little of the time	Some of the time	Most of the time	All of the time

10. Compared to 1 year ago, how would you rate your **physical health** in general now?

Much better	Slightly better	About the same	Slightly worse	Much worse

11. Compared to 1 year ago, how would you rate your **emotional problems now** (such as feeling anxious, depressed or irritable)?

Much better	Slightly better	About the same	Slightly worse	Much worse

ACTIVITY SURVEY (LEAS)

*Please read through each description given below, pick only **ONE** description that best describes your regular daily activities and put a check in that box.*

CHECK ONLY ONE (1) BOX ON THIS PAGE

☐ a. I am confined to bed all day.

☐ b. I am confined to bed most of the day except for minimal transfer activities (going to the bathroom, etc)

☐ c. I am either in bed or sitting in a chair most of the day.

☐ d. I sit most of the day, except for minimal transfer activities, no walking or standing.

☐ e. I sit most of the day, but I stand occasionally and walk a minimal amount in my house.

(I may rarely leave the house for an appointment and may require the use of a wheelchair or scooter for transportation.)

☐ f. I walk around my house to a moderate degree but I don't leave the house on a regular basis. I may leave the house occasionally for an appointment.

☐ g. I walk around my house and go outside at will, walking one or two blocks at a time.

☐ h. I walk around my house, go outside at will and walk several blocks at a time without any assistance (weather permitting).

☐ i. I am up and about at will in my house and can go out and walk as much as I would like with no restrictions (weather permitting).

j. I am up and about at will in my house and outside. I also work outside the house in a:

- ☐ minimally
- ☐ moderately
- ☐ extremely active job

k. I am up and about at will in my house and outside. I also participate in relaxed physical activity such as jogging, dancing, cycling, swimming:

- ☐ occasionally (2-3 times per month)
- ☐ 2-3 times per week
- ☐ daily

l. I am up and about at will in my house and outside. I also participate in vigorous physical activity such as competitive level sports

- ☐ occasionally (2-3 times per month)
- ☐ 2-3 times per week
- ☐ daily